# Opinion

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External member of the Scientific Jury, according to Order №244 / 01.06.2021.

Subject: Procedure for holding the academic post of "Associate Professor"

in the field of higher education 7. Healthcare and sports, professional field "Medicine", scientific specialty "Obstetrics and gynecology"

For the needs of the Department of Obstetrics and Gynecology of Acibadem City Clinic UMBAL Tokuda EAD, SG no. 27 / 02.04.2021

Only one candidate participates in the procedure - Dr. Suzana Fauzi Nashar, Ph.D.

### 1. BRIEF BIOGRAPHY AND CAREER PROFILE

Dr. Nashar was born in 1970. She graduated from high school in 1987 at the 135th ESPU - Sofia. In 1994 she graduated as a master doctor at the Medical University - Sofia. She started specialization in SBALAG "Mother's Home" - Sofia in 1995, and in 1999 in which she acquired a specialty in "Obstetrics and Gynecology". There is one on "Public Health and Health Management" from PH, MU-Sofia.

In 2005, after successfully defending a dissertation on "Prognosis of induction of labor", she acquired ONS "PhD". Until 2018, the candidate works in the maternity ward of the Maternity Clinic SBALG "Mother's Home", which actively participates in the treatment-diagnostic process and teaching activities of the department. Until 2009 Dr. Nashar is an assistant, then a senior assistant, in 2010 - chief assistant.

From 2018 and currently Dr. Nashar is part of the team of the Department of Gynecology, Pelvic Surgery and Obstetrics at Acibadem City Clinic University Hospital Tokuda - Sofia, holding the position of Head of Obstetrics.

The scientific interests of the candidate can be summarized in several areas: high-risk pregnancy, surgical obstetrics, pain relief, rare conditions in obstetrics and gynecology.

This is directly reflected in the numerous additional courses and specializations conducted, both in Bulgaria and abroad.

Dr. Nashar is a member of the Bulgarian Medical Association and the Bulgarian Society of Obstetrics and Gynecology.

Fluent in written and spoken English and Russian.

She has computer literacy, which supports her teaching and teaching activities.

### 2. SCIENTIFIC ACTIVITY

The candidate participates in a competition with 29 scientific papers, 26 of which are in Bulgarian publications and 3 in foreign publications. 27 of the publications are full-text, 2 are in summary.

The reference from the database SCOPUS, Web of knowledge, Google Scholar contains 41 citations, as 17 are in Bulgarian editions, 24 - in foreign ones.

H-index is equal to 3.

The main directions in Dr. Nashar's work are related to issues such as studying the reasons for the increasing frequency of premature births and determining the optimal conditions for delivery; assessment of the frequency and trend of births in multiple pregnancies; the influence of pain relief on different periods; prenatal skinning and fetal morphology in the second trimester of pregnancy, etc.

From these scientific researches arise the main contributions of the works of Dr. Nashar, and I would like to highlight some of them:

- With original character: some conditions described for the first time in Bulgaria ( $\mathbb{N}_{2}$ 11,19), complicating pregnancy and childbirth; New methods for the prediction of preterm birth in women treated with precancerous lesions of the cervix ( $\mathbb{N}_{2}$ 22), a case of prenatal diagnosis of an isolated right aortic arch with Kommerell's diverticulum ( $\mathbb{N}_{2}$ 9)
- Applied: study of the weight of Bulgarian women before pregnancy ( $N_{2}1$ ); study of treatment options for vaginal bacterial infections during pregnancy with Sumamed ( $N_{2}4$ ); analysis of the frequency of vacuum extraction and forceps application ( $N_{2}13,15$ ); review of the frequency, indications and technique of cesarean section with longitudinal incision of the uterus in the lower uterine segment ( $N_{2}8$ ), etc.

## 3. TEACHING AND TEACHING ACTIVITY

The Official Note presented by MU-Sofia certifies the study workload of Dr. Nashar, which includes work with medical students, specialists and specialists in obstetrics and gynecology in the form of practical classes, seminars, basic thematic courses.

Candidate was the supervisor of two specialists, and also the head of the specialists in obstetrics and gynecology in SBALAG "Mother's Home" - Sofia (2010-2013).

#### 4. CONCLUSION

Dr. Nashar's professional development shows an upward trend. The presented materials illustrate depth, originality and rich clinical experience. The candidate's contributions enrich the existing knowledge in the specialty in various fields.

According to the Law for the development of the academic staff in the Republic of Bulgaria and the Regulations for its application in "Acibadem City Clinic University Hospital Tokuda" the national requirements are met.

In view of the above, I support and recommend the esteemed members of the Scientific Jury to vote positively for the academic position of "Associate Professor" in the field of higher education 7. Healthcare and sports, professional field 7.1. Medicine, scientific specialty "Obstetrics and Gynecology" by Dr. Susana Fauzi Nashar, PhD.

21.08.2021 Ploydiy

Prepared the opinion: (Prof. Dr. Elena Dimitrova Dimitrakova, PhD)