

STANDPOINT

By Prof. Dr. Evgeniya Hristakieva Hristakieva, MD

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According to the procedure for a competition for the academic position of "ASSOCIATE PROFESSOR" in the field of Higher education 7. Health and Sports, professional field 7.1. Medicine, scientific specialty "Dermatology and Venereology" for the needs of the Clinic of Skin and Venereological Diseases of "Acibadem City Clinic UMBAL Tokuda" EAD, announced in the State Gazette No. 113/ 23.12.2025.

Based on a decision of the Scientific Council of ACIBADEM CITY CLINIC "UMBAL TOKUDA EAD Sofia" dated 17.12.2025 (Minutes No. 62/17.12.2025) and Order No. 15-03-41#/ 23.02.2026 of the Executive Director of the hospital, I have been elected as a member of the scientific jury for evaluating applications for the academic position of "Associate Professor" in "Dermatology and Venereology". Only one candidate participated in the competition, **Dr. Bisera Kotevska-Trifunova, MD**.

The documents provided to me by the candidate meet the requirements of the ZRASRB, the regulations for its implementation and the Regulations for the Development of the Academic Staff at "Acibadem City Clinic UMBAL Tokuda EAD Sofia".

Biographical data, professional development and qualities

The candidate has submitted a detailed autobiographical statement, as well as diplomas for completed education, acquired specialty and acquired educational and scientific degree "doctor".

In 2011, Dr. Kotevska-Trifunova graduated from Medicine at the Medical University of Sofia with very good results. From 2012 to 2016, she was a resident at Acibadem City Clinic UMBAL Tokuda Hospital EAD, and in 2016 she acquired a specialty in Skin and Venereological Diseases. In 2018, she defended her dissertation on the topic "Allergic contact dermatitis, features in etiopathogenesis, clinical picture, diagnosis and prophylaxis in childhood" at the Department of Dermatology and Venereology of Acibadem City Clinic UMBAL Tokuda Hospital.

In 2023, Dr. Kotevska won a competition for chief assistant at Acibadem City Clinic UMBAL Tokuda. She participated in a number of educational courses in dermatosurgery, pediatric dermatology, laser procedures, histopathology, non-invasive methods of examination in dermatology, biological therapies in Bulgaria and Budapest, Trieste, Amsterdam

In 2014, he won the Michael Hornstein Memorial Scholarship at the 11th EADV Spring Symposium in Belgrade. In 2015, he received first place in a clinical presentation at a laser course in Trieste, Italy.

Scientific research activity

Dr. Kotevska Trifunova presents an author's report on scientific works and scientific contributions in accordance with the requirements of the Scientific Committee at Tokuda Hospital Sofia.

Main areas of scientific interests and contributions are in the field of:

- **Contact dermatitis** with emphasis on allergic contact dermatitis in childhood with scientific-theoretical and scientific-practical contributions, mainly in the preparation of a consensus for the treatment of contact dermatitis, as well as reviews on allergic contact dermatitis in childhood. The publications and dissertation work are aimed at the discovery of the most common contact allergens in childhood.
- **Chronic inflammatory dermatoses** with a focus on atopic dermatitis and plaque psoriasis, including modern therapeutic approaches, improving the patient's quality of life and

optimizing long-term disease control. A skin care protocol for patients with Atopic Dermatitis has been written. The publications contribute to optimizing the choice of therapy in patients with moderate to severe plaque psoriasis and to introducing innovative biological medications into Bulgarian dermatological practice. The emphasis is on the importance of early recognition of complications, regular monitoring of blood parameters and the safe application of systemic therapies. The contributions are of scientific-theoretical and scientific-practical significance.

- Rarely observed clinical cases are: Fatal outcome after overdose with Methotrexate;; New homemade hobby slime, The article "Allergic contact dermatitis caused by homemade slime" is one of the first publications on this topic; Gonococcal pharyngitis in a homosexual patient;; Generalized extragenital lichen sclerosus.

The research was conducted in Bulgaria, which shows the personal contribution and merits of the candidate.

The candidate's scientific output consists of **64 scientific publications** (31 in foreign language publications and 33 in Bulgarian). Dr. Kotevska is an independent author or first author in 24 publications, second -32, third and subsequent in 8 publications. 3 chapters in 3 monographs (abroad). Of the scientific articles presented in peer-reviewed and refereed journals, 10 have been published in international scientific journals indexed in the scientific information databases Scopus Web of Science. 5 of the publications in Bulgarian journals are also indexed in the Web of Science. 14 of them have an Impact Factor (5 Bulgarian and 9 international).

The total impact factor, calculated based on the official report submitted by the Central Library of Medical University of Sofia, amounts to **19.8**. The number of citations in the global databases Web of Knowledge and Scopus is **28**.

The candidate has presented 74 participations in scientific forums with reports and posters (56 abroad, and 18 in Bulgaria). The data presented by the candidate significantly exceeds the required minimum according to the quantitative criteria for the academic position of "associate professor".

The teaching and learning activities include

Practical exercises in the course "Dermatology and Venereology" for Bulgarian students of the 4th year, specialty "Medicine" at Sofia University "Kliment Ohridski" - teaching load 907.8 hours for the period 2019-2024. (reference MF 24/02.02.2026) .

At the University Hospital "Tokuda" from 01.01.2021 to 31.12.2025 Dr. Bisera Kotevska-Trifunova has a teaching load with residents of 1740.50 equiv. hours

An excellent doctor and dermatologist, with undeniable authority among his colleagues, residents and patients, with an exceptional contribution to dermatoallergology and pediatric dermatology, in children with atopic dermatitis and patients with allergic dermatoses. Scientific publications and participation in scientific forums are characterized by interdisciplinary nature, originality and thoroughness.

In connection with the above, I confidently give my positive assessment and propose to the members of the Scientific Jury to approve Dr. Bisera Kotevska-Trifunova, MD. for the the academic title of "Associate Professor" .

11.03.2026

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