

## OPINION

by Professor Dr. Andrey Rangelov Galev, DMSc  
member of a scientific jury, appointed by order  
No. 15-03-135#2/12.06.2026 of the Executive Director and Procurator of Acibadem City  
Clinic UMHAT Tokuda EAD

### regarding

participation of **Dr. Parvoleta Krasteva Yakova-Krasteva, PhD**  
in a competition for the academic position of "Associate Professor" in the scientific  
specialty "Emergency Medicine", field of higher education: 7. Health and Sports, Professional  
Direction 7.1. Medicine for the needs of the Multi-profile Emergency Department of " Acibadem  
City Clinic UMHAT Tokuda " EAD , announced in the State Gazette, issue 35/14.04.2026

#### **I. Description of the materials submitted by the candidate for the competition:**

Documents for participation in the competition have been submitted by one candidate -  
Dr. Parvoleta Krasteva, MD. The materials presented to me for participation in the competition  
are precisely arranged and meet the requirements of the Regulations for the Implementation of  
the Law on the Development of the Academic Staff in the Republic of Bulgaria at "Acibadem  
City Clinic UMHAT Tokuda" EAD.

#### **II. Professional and career development of the candidate**

Dr. Parvoleta Krasteva graduated from the Medical University of Sofia in 1996.

She increased her postgraduate qualifications by successfully completing specialized  
training in the country and abroad in specific areas:

- He specialized in "Emergency Medicine" - Medical University, Sofia. He successfully graduated in 2005. The same year he acquired a professional qualification in " Health Management " from the European College of Economics and Management - Plovdiv;
- He holds a certificate - "Advanced Life Support Training Instructor in a Simulated Environment" from Acibadem University - Center for Advanced Simulation and Education - Istanbul, Turkey, 2017;
- In 2023, She earned educational and scientific degree "Doctor" in the scientific specialty of Internal Medicine - "Acibadem City Clinic UMHAT Tokuda" EAD, Sofia (Diploma No. 34, registration No. 0034, 29.12.2023).

She is highly regarded as an expert and scientist with her participation in significant  
national expert bodies:

- 2022-2024 - She was member of the expert council on Emergency Medicine (order No. RD-02-249/13.10.2022 Ministry of Health)
- 2022-2024: She was member of a working group at the Ministry of Health (Order No. RD-13-217/08.09.2022 Ministry of Health) for the development of diagnostic and therapeutic protocols and algorithms for the needs of the Central Emergency Medical Service;

- member of a working group at the Ministry of Health (Order RD-13-241/24.11.2022, Ministry of Health) to develop methodologies for initial and periodic assessment of professional competencies in emergency medical care for doctors, physician assistants and medical specialists;

- member of a working group at the Ministry of Health (Order No. RD-13-2/10.01.2023, Ministry of Health) for the development of additional diagnostic and therapeutic protocols and algorithms for the needs of the Central Emergency Medical Service;

- member of the working group at the Ministry of Health (Order No. RD-02-5/10.01.2024, Ministry of Health) to update the medical standard "Emergency Medicine" in order to specify the criteria for providing emergency medical care by air and to outline the rules for the functioning of the Central Emergency Medical Service and its relationship with other structures in the healthcare system and beyond.

- 2026 - member of the Expert Groups of the National Agency for Assessment and Accreditation (NAAA) in the accreditation procedure for the doctoral program "Infectious Diseases" (order No. RD-14-69/10.03.2026) and the doctoral program "Epidemiology" (order No. RD-14-70/10.03.2026) at the Military Medical Academy, Sofia.

For her practical work in 2024, Dr. Krasteva was awarded the first prize of the European Private Hospitals Association (EPHA) in the category Healthcare Resilience and Crisis Response with her own project on the topic "The Key Role of the Emergency Department of a University General Hospital During a Pandemic", Bucharest.

### **III. Scientific and research activities**

#### **Publications:**

The publication activity in the scientific career of Dr. Parvoleta Krasteva is as follows:

- Dissertation for awarding the educational and scientific degree "Doctor" - "Place and role of the emergency department of a multi-profile hospital for active treatment in the implementation of a diagnostic and therapeutic algorithm in patients over 18 years of age infected with the SARS-CoV-2 virus during a pandemic";

- 5 (five) publications related to the dissertation;

- Monograph - "Emergency Department – a Key and Critical Point in a Multi-Profile Hospital for Active Treatment", Es Print, Sofia, 2026, ISBN: 978-619-7121-69-8;

- 4 (four) publications in scientific journals, refereed and indexed in world-renowned databases (Scopus, WoS);

- 8 (eight) publications in non-refereed scientific journals with scientific review;

The 12 of publications, she is the sole or first author in 11 of them.

- Participation in collective monographs, manuals and teaching aids - Krasteva P., M. Staneva, R. Argirova, Algorithm for behavior in case of suspicion of Covid-19 in the emergency department of a multi-profile hospital. The experience of one center, in the book: Covid-19 to 2023, edited by Prof. Dr. Iva Hristova and Prof. Dr. Nina Yancheva, Arbilis OOD, 2024, pp. 41-52 ISBN: 978-619-7063-74-5 (Electronic edition);

- 2 (two) participations with presentations in national forums and 2 participations in international forums;

#### **IV. Teaching and learning activities**

Dr. Parvoleta Krasteva has significant experience as a lecturer with postgraduate students amounting to 677 equivalent hours.

In the period from 01.01.2021 to 01.05.2026, he is the head of specialization of one doctor in the specialty "Emergency Medicine".

#### **V. Impact factor, citations, participation in scientific forums, implementations and participation in scientific projects and programs**

The detailed report on the impact factor of the publications presented in Appendix 11 shows 11 citations, one of which is in a foreign source.

The overall impact factor, calculated based on the official report submitted by the Central Medical Library of MU-Sofia No. 428/30.04.2026, amounts to 0,2.

#### **VI. Issues of scientific works. Scientific contributions**

Dr. Krasteva's research and practical activities are focused on current issues in emergency medicine, the organization and management of emergency departments, as well as the diagnostic and therapeutic approach in patients with chronically progressive diseases. The scientific developments can be summarize in three main areas:

- Fundamental role of the Emergency Department (ED) in a hospital in a crisis situation, pandemic;
- Organization of the activities of the Emergency Department in a multi-profile hospital;
- Emergency or palliative care for patients with chronic progressive diseases.

An original contribution of a scientific and organizational nature is the analysis of the Emergency Department as the main and only structure for the primary assessment of patients with suspected and/or laboratory-confirmed infectious disease, including COVID-19, in a multi-profile hospital without an available infectious disease department and specialists in "Infectious Diseases".

An original contribution of a scientific and applied nature is the presented current triage model, which ensures timely provision of medical care to many people gathered in one place at the same time through optimal use of available resources in an emergency department.

#### **VII. Conclusion**

Based on the comprehensive assessment of the scientific, research and teaching activities of Dr. Parvoleta Krasteva, I believe that she fully meets the conditions - qualitative and quantitative criteria of "Acibadem City Clinic UMHAT Tokuda" EAD for occupying the academic position of "associate professor".

Dr. Parvoleta Krasteva is known as a respected and highly qualified specialist and scientist in her field. The main areas in which the candidate has focused her efforts are relevant, significant and of national importance. Her scientific works are original and precisely published, which convinces that the results obtained by her are of high practical value.

The materials presented in the competition and my personal impressions of her define her as a thorough and precise scientist, an excellent professional who uses information technologies in her daily work, a specialist with the ability to perform coordination functions, enjoying well-deserved authority among the medical community.

I give a positive opinion and strongly suggest to the members of the scientific jury to elect Dr. Parvoleta Krasteva Yakova-Krasteva as "associate professor" in the scientific specialty "Emergency Medicine" in the Multi-profile Emergency Department of "Acibadem City Clinic UMHAT Tokuda" EAD.

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Sofia

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