

EXPERT OPINION

By Prof. Dr. Maria Hristova Milanova, PhD, DSc

Head of Clinic of Cardiology, UMHATEM "N. I. Pirogov" -Sofia

Re: Appointment to the academic position of "Associate Professor" in Higher Education Field 7. "Health Care and Sports," in the professional area 7.1. "Medicine" and the scientific specialty "Emergency Medicine," for the needs of the Multidisciplinary Emergency Department at Acibadem City Clinic Tokuda University Hospital, in connection with a competition announced in the State Gazette, Issue No. 35/14.04.2026

By Order No. 15-03-135#2/12.06.2026, issued by the Executive Director and Authorized Representative of Acibadem City Clinic Tokuda University Hospital, pursuant to Article 4, paragraph 2, and Article 29a of Law on the Development of the Academic Staff in the Republic of Bulgaria (LDASRB), Article 2, paragraph 2, and Article 57, paragraphs 1 and 2, of Regulations for the Implementation of LDASRB, Article 60, paragraphs 1 and 2 of the Regulations for the application of LDASRB in Acibadem City Clinic Tokuda University Hospital, Sofia and a decision of the Academic Staff (Minutes No. 66/03.06.2026) I have been appointed as an external member of the Academic Jury, and by its decision, I have been designated to submit an opinion on the procedure for filling the position of "Associate Professor" with candidate Senior Assistant Professor Dr. Parvoleta Krasteva Yakova-Krasteva, MD.

The documents submitted by the candidate comply with the requirements of the Law on the Development of Academic Staff in the Republic of Bulgaria (LDASRB), Regulations for the Implementation of the LDASRB and the Regulations on the Awarding of Academic Degrees and the Appointment to Academic Positions at Acibadem City Clinic Tokuda University Hospital, accompanied by supporting documentation, in both hard copy and electronic format, within the deadline specified for the competition.

Brief biographical information and professional qualifications of the candidate:

Dr. Parvoleta Krasteva graduated from the Medical University of Sofia in 1997. She earned a specialty in "Emergency Medicine" and a professional qualification in Health Managem. Dr. Parvoleta Krasteva is a certified instructor for advanced life support training in a simulated environment, Acibadem University—Center for Advanced Simulation and Education—Istanbul, Turkey, 2017. ent.

In 2023, She earned a doctoral degree in Internal Medicine from Acibadem City Clinic Tokuda University Hospital, Sofia. She was appointed to the academic position of “Senior Assistant Professor” in the field of “Emergency Medicine” at Acibadem City Clinic Tokuda University Hospital, Sofia, in 2024 and has held this position to the present.

Dr. Krasteva’s total length of service as a physician is 28 years and 7 months, with 21 years of experience in her specialty (Certificate No. 122/27.05.2026, issued by the Medical Council of Tokuda University Hospital). From 1997 to 2006, he worked as a physician at the Center for Emergency Medical Care in Sofia. She has been a member of the emergency department team at Tokuda Hospital since its founding, and from 2017 to the present, he has served as Head of the Emergency Department at the same hospital.

She is a member of the Bulgarian Medical Association (BMA).

She speaks Russian and English.

Dr. Parvoleta Krasteva also serves as an expert. From 2022 to 2024, she was a member of the Expert Council on Emergency Medicine (Order No. RD-02-249/13.10.2022, Ministry of Health). 2022–2024: Served as a member of two working groups under the Ministry of Health (Order No. RD-13-217/08.09.2022, Ministry of Health; Order No. RD-13-2/January 10, 2023, Ministry of Health) to develop diagnostic and therapeutic protocols and algorithms for the needs of the Center for Emergency Medical Care, and as a member of a working group under the Ministry of Health (Order No. RD-13-241/24.11.2022, Ministry of Health) for the development of methodologies for the initial and periodic assessment of professional competencies in emergency medical care for physicians, physician assistants, and medical specialists. In 2024, he was a member of the Ministry of Health’s working group (Order No. RD-02-5/10.01.2024 Ministry of Health) for updating the “Emergency Medicine” medical standard with the aim of specifying the criteria for providing emergency medical care by air and setting out the rules for the operation of the Central Emergency Medical Service and its relationship with other structures within and outside the healthcare system. In 2026, She served as a member of the Expert Groups of the National Agency for Evaluation and Accreditation (NAEA) for the accreditation procedure of the doctoral program “Infectious Diseases” (Order No. RD-14-69/10.03.2026) and the doctoral program in “Epidemiology” (Order No. RD-14-70/10.03.2026) at the Military Medical Academy (MMA) in Sofia.

Evaluation of the candidate's research and teaching activities:

To participate in the competition, Dr. Parvoleta Krasteva submitted a total of 19 scholarly works: 1 dissertation for the degree of "PhD," 1 monograph, 13 scientific publications, and 4 reports and scientific presentations delivered at scientific forums (Table 1), described in the list submitted as items No. 9 and No. 10 of the mandatory documents for competition entry. The publications submitted for participation in the competition are in addition to the five used for the award of the "PhD" academic degree.

Table 1: Types of Scientific Works

Types of Scientific Works	In Bulgaria	International	Total
Dissertation	1		1
Monograph	1		1
Collective monographs, handbooks, and teaching aids	1		1
Publications in scientific journals	12		12
• In peer-reviewed and indexed scientific journals	4		4
• In non-peer-reviewed scientific journals	8		8
Total publications (dissertation, journals, and monographs)	15		15
Reports and research papers presented at scientific conferences			
• As a lecturer			
• With published abstracts	1		1
• No abstracts published	1	2	3
Total	2	2	4
Total number of scientific publications	17	2	19
Citations			
• Non-peer-reviewed journals and monographs	11		11
• Scopus/WOS			
Total citations	11		11

Dr. Krasteva's publications appear in Bulgarian journals. According to the reports submitted by the Central Medical Library, four of these are in peer-reviewed and indexed scientific journals (Web of Science and Scopus), with a total impact factor (IF) of 0.2, and eight are in journals not indexed in the aforementioned databases but subject to peer review. Dr. Krasteva's habilitation thesis, which addresses the role of the emergency department in the general hospital algorithm during the COVID-19 pandemic, includes five additional publications, two of which are in scientific journals with an impact factor and three in peer-reviewed Bulgarian journals (Reference from the Central Medical Library of the Medical University of Sofia No. 428/30.04.2026).

She has one entry as the sole author of a monograph and one entry as a co-author of the book COVID-19 through 2023.

In nearly all (93.4%) of the scientific publications listed, Dr. Krasteva is the sole or first author, which demonstrates her active involvement in the scientific materials presented.

According to the data from the Central Library of Medicine (Reference No. 439/07.05.2026) presented in the documents, Dr. Krasteva is cited 11 times, 10 of which are in Bulgarian journals and one in other foreign open-access online sources.

Dr. Krasteva participated in the competition with four presentations and posters presented at Bulgarian or international forums. In three of them (75%), she was the sole or first author, and in one international presentation at the European Congress of Emergency Medicine (EUSEM, Vienna, 2025), she was a co-author.

In 2024, She won first prize from the European Private Hospitals Association (EPHA) in the category of Healthcare Sustainability and Crisis Response for his own project titled "The Key Role of the Emergency Department of a Multidisciplinary University Hospital During a Pandemic," Bucharest.

The teaching load of Senior Assistant Professor Dr. P. Krasteva is detailed in Certificate No. 19-283/05.05.2026 (Document No. 14), issued by the Academic Council of Tokuda University Hospital EAD. For the period from January 1, 2021, to May 1, 2026, she fulfilled a teaching load of 677 equivalent hours.

Dr. Krasteva provides theoretical and practical training to residents from various clinical specialties in the Emergency Medicine module, as well as to trainees in the "Physician Assistant" and "Medical Specialist" programs and to paramedics. By Order No.

RK36-1490/20. 09. 2022, issued by the Rector of the Medical University of Sofia, she was appointed to the examination committee responsible for conducting colloquia in Emergency Medicine at the Acibadem City Clinic Tokuda University Hospital.

From 2024, Dr. Krasteva has been the academic advisor to one resident in Emergency Medicine.

In accordance with the Regulations on the Conditions and Procedures for Awarding Academic Degrees and Holding Academic Positions at the Academic Medical Center “Tokuda” and Appendix No. 3 to these Regulations for the medical-clinical field, Dr. P. Krasteva fully meets the minimum scientometric requirements for holding the academic position of “Associate professor” (Table 2).

Table 2: Compliance with the minimum national criteria for the academic position of “Associate Professor”:

A set of indicators	Contents	Minimum NACID score required for “Associate Professor”	Presentation by Dr. P. Krasteva, Ph.D.
A	Indicator 1	50	50
B	Indicator 2	-	-----
C	Indicator 3 or 4	100	100
D	The sum of the indicators from 5 to 9	200	317,5
E	The sum of the indicators from 10 to 12	50	55
Total points		400	522.5

Research Contributions:

The research contributions of the candidate, Senior Assistant Professor Dr. P. Krasteva, MD, are in the following main areas:

1. The Role of the Emergency Department in a General Hospital During the COVID-19 Pandemic
2. Organization of the Emergency Department at a General Hospital: Summary
3. Emergency or palliative care for patients with chronic, progressive diseases

Diagnostic and Treatment activities:

Dr. Parvoleta Krasteva has a total of 28 years and 6 months of professional experience in the field of emergency medicine, beginning in November 1997 at the Center for Emergency Medical Care in Sofia; she has been a specialist in emergency medicine for 21 years. Since the opening of Tokuda Hospital in 2006, she has been a member of the Emergency Department team, and since 2017, she has served as the head of that department. In 2024, she was elected as a senior assistant by the Scientific Council of the Acibadem City Clinic Tokuda.

Dr. Krasteva is actively involved in diagnostic and treatment activities in the emergency department. Her clinical interests focus on improving the organization and operation of the emergency department as a key component of a general hospital.

Conclusion:

Senior assistant Dr. Parvoleta Krasteva Yakova-Krasteva, Ph.D., fully meets the criteria for holding the academic position of “Associate Professor,” in accordance with the requirements of the Law on the Development of Academic Staff in the Republic of Bulgaria (LDASRB), the Regulations for the Implementation of the ZRASRB, and the Regulations for the Awarding of Academic Degrees and the Holding of Academic Positions at Acibadem City Clinic Tokuda University Hospital, Sofia.

This gives me reason to vote “in favor” and to propose to the esteemed Jury, as well as to the members of the Scientific Council of ACC Tokuda University Hospital, Sofia, Dr. Parvoleta Krasteva, PhD, be elected as an “Associate Professor” in emergency medicine, based at the Emergency Department of ACC Tokuda University Hospital.

04.07.2026
Sofia

Prof. Dr. Maria Milanova, PhD, DSc