

OPINION

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PURSUANT TO AN ORDER № 15-03-135#2/12. 06. 2026. BY THE EXECUTIVE DIRECTOR AND THE AUTHORIZED SIGNATORY OF “AJIBADEM CITY CLINIC TOKUDA UNIVERSITY HOSPITAL” EAD, I HAVE BEEN APPOINTED AS AN INTERNAL MEMBER OF THE SCIENTIFIC JURY.

RE: COMPETITIVE SELECTION PROCESS FOR THE ACADEMIC POSITION OF “ASSOCIATE PROFESSOR” – ONE POSITION IN THE FIELD OF HIGHER EDUCATION 7. “HEALTH CARE AND SPORTS” IN THE PROFESSIONAL FIELD 7.1. MEDICINE, IN THE SCIENTIFIC SPECIALTY “EMERGENCY MEDICINE” FOR THE NEEDS OF THE MULTIDISCIPLINARY EMERGENCY DEPARTMENT AT “AJIBADEM CITY CLINIC TOKUDA UNIVERSITY HOSPITAL” EAD, PUBLISHED IN THE “STATE GAZETTE” ISSUE No. 35/14. 04. 2026.

THIS OPINION HAS BEEN PREPARED IN ACCORDANCE WITH THE REQUIREMENTS OF THE LAW ON THE DEVELOPMENT OF ACADEMIC STAFF IN THE REPUBLIC OF BULGARIA, THE REGULATIONS FOR THE IMPLEMENTATION OF THE LAW ON THE DEVELOPMENT OF ACADEMIC STAFF IN THE REPUBLIC OF BULGARIA, AND THE REGULATIONS ON THE CONDITIONS AND PROCEDURES FOR OBTAINING ACADEMIC DEGREES AND HOLDING ACADEMIC POSITIONS AT “ACIBADEM CITY CLINIC TOKUDA UNIVERSITY HOSPITAL” EAD.

ONE CANDIDATE IS PARTICIPATING IN THE COMPETITION—ASSISTANT PROFESSOR DR. PARVOLETA KRASTEVA YAKOVA-KRASTEVA, MD, WHO HAS BEEN ADMITTED TO THE COMPETITION. SENIOR ASSISTANT PROFESSOR DR. KRASTEVA HAS SUBMITTED THE REQUIRED DOCUMENTS IN ACCORDANCE WITH THE REQUIREMENTS OF THE LDASRB, THE IRLDASRB, AND THE REGULATIONS ON THE CONDITIONS AND PROCEDURES FOR AWARDING ACADEMIC DEGREES AND FILLING ACADEMIC POSITIONS.

1. Candidate's biographical information, education, and qualifications:

Dr. Parvoleta Krasteva was born in 1972 in Vratsa. She completed her secondary education at the Natural Sciences and Mathematics High School in Montana. In 1997, she earned her medical degree from the Medical University of Sofia. She completed her residency in “Emergency Medicine” in 2005. That same year, she earned a professional qualification in Health Management from the European College of Economics and Management in Plovdiv.

In 2017, following training at Acibadem University’s Center for Advanced Simulation and Education in Istanbul, Turkey, Dr. Parvoleta Krasteva became a certified instructor for advanced life support training in a simulated environment.

In 2023, Dr. Krasteva earned her doctoral degree in Internal Medicine from Acibadem City Clinic Tokuda University Hospital EAD, Sofia, after successfully defending her dissertation titled “The Role and Significance of the Emergency Department of a Multidisciplinary Acute Care Hospital in the Application of a Diagnostic and Therapeutic Algorithm for Patients Over 18 Years of Age Infected with the SARS-CoV-2 Virus During a Pandemic.”

Since 2024, She has served as a assistant professor in the field of “Emergency Medicine” at Acibadem City Clinic Tokuda University Hospital EAD in Sofia.

Dr. Krasteva began her professional career in 1997 as a physician at the Center for Emergency Medical Care in Sofia. She has been a member of the Emergency Department team at Tokuda Hospital since its founding in 2006, and has served as Head of the Emergency Department at the same hospital from 2017 to the present.

She is a member of the Bulgarian Medical Association (BMA).

From 2022 to 2024, Dr. Krasteva served as a member of the Expert Council on Emergency Medicine (Order No. RD-02-249/13. 10. 2022, Ministry of Health). During this period, she served as a member of two working groups under the Ministry of Health (Order No. RD-13-217/08. 09. 2022, Ministry of Health; Order No. RD-13-2/10. 01. 2023, Ministry of Health) to develop diagnostic and therapeutic protocols and algorithms for the needs of the Center for Emergency Medical Care, and as a member of a working group under the Ministry of Health (Order No. RD-13-241/24. 11. 2022, Ministry of Health) for the development of methodologies for the initial and periodic assessment of professional competencies in emergency medical care for physicians, physician assistants, and medical specialists. In 2024, she was appointed as a member of the Ministry of Health’s working group (Order No. RD-02-5/10. 01. 2024, Ministry of Health) to update the medical standard “Emergency Medicine” with the aim of specifying the criteria for providing emergency medical care by air and outlining the rules for the operation of the Central Emergency Medical Care Center and its relationship with other structures within and outside the healthcare system. 2026: Served as a member of the Expert Groups of the National Agency for Evaluation and Accreditation (NAEA) on the accreditation procedure for the doctoral program “Infectious Diseases” (Order No. RD-14-69/10. 03. 2026) and the doctoral program in “Epidemiology” (Order No. RD-14-70/10. 03. 2026) at the Military Medical Academy (MMA) in Sofia.

2. The candidate’s research activities and scientific contributions:

To participate in the competition, Assistant Professor Dr. Pervoleta Krasteva submitted a total of 19 scholarly works: 1 dissertation for the degree of “Doctor,” 1 monograph, 13 scientific publications, and 4 reports and scientific presentations delivered at scientific forums, as described in the list submitted under Nos. 9 and 10 of the mandatory documents for competition entry. The publications submitted for participation in the competition are in addition to the five used for the award of the “Doctor” degree.

The candidate’s main research focuses on the organization and management of emergency departments, including during emergency situations such as the declared COVID-19 pandemic; current issues in emergency medicine; and the diagnostic and therapeutic approach to patients with chronic, progressive diseases.

The independent monograph presented by Assistant Professor Dr. Krasteva, titled “The Emergency Department: A Key and Critical Point in a Multidisciplinary Hospital for Acute Care,” was published this year. It is 252 pages long and includes a bibliography of 123 references. This monograph analyzes the organization and operation of an emergency department in a general hospital providing acute care. The work synthesizes the basic principles of operation, as well as the staffing and material resources of the department, highlighting these as key and critical factors. The emergency department operates 24 hours a day, 7 days a week, 365 days a year, serving as a coordination center for initial assessment, diagnosis, stabilization, and referral of patients to the appropriate specialized units within the hospital and/or for home-based or outpatient care, as well as managing patient flow during pandemics or other crisis situations. The shared experience lays the groundwork for emergency physicians to apply diagnostic and therapeutic algorithms in practice, thereby minimizing the likelihood of oversights under time constraints, the need to make rapid clinical decisions under high-stress conditions, and the need for active collaboration with the multidisciplinary hospital team. This section presents modern principles and models of triage that ensure the timely provision of medical care to large numbers of people gathered in one place at the same time through the optimal use of available resources in the emergency department, as well as the use of recommended specific medical documentation. This monograph presents for discussion the daily problems and challenges facing emergency departments in Bulgaria, as well as the author’s own management solutions for preventing them. With its scientific-theoretical and practical focus, it serves as a valuable source of information not only for emergency medicine specialists but also for physicians from various medical specialties, healthcare professionals, healthcare managers, and researchers in the field of medicine. This study is both **scientific-theoretical and applied in nature**.

The dissertation by Assistant Professor Dr. P. Krasteva for the award of the academic and scientific degree of “Doctor”: “The Role and Function of the Emergency Department of a Multidisciplinary Acute Care Hospital in the Implementation of a Diagnostic and Therapeutic Algorithm for Patients Over 18 Years of Age Infected with the SARS-CoV-2 Virus During a Pandemic,” defended in 2023, consists of 171 pages, is illustrated with 31 tables, 23 figures, and 4 appendices, and the bibliography contains 273 references. This research study stands out for its in-depth analysis of early prognostic factors affecting morbidity and survival in patients infected with SARS-CoV-2, as well as for the development and implementation of an effective, easily accessible, inexpensive, and rapid algorithm for the initial assessment of patients in the emergency department, which could be modified and applied to other diseases with the potential for epidemic spread. The dissertation makes contributions of both **a scientific-organizational and a scientific-applied nature**.

In addition to the contributions from her monograph and dissertation, Dr. Krasteva has published scholarly works that contribute to research in the following main areas:

- **The role of medical professionals in the Emergency Department of a general hospital during the COVID-19 pandemic** (items 3, 5, 7, 8, 9, and 15 from the presented list No. 9);

- **Organization of diagnostic and treatment activities in the Emergency Department of a general hospital and a summary of current daily challenges in emergency medicine** (4, 6, 10, 11);

- **Integration of emergency and palliative care for patients with chronic, progressive oncological diseases** (12, 13, 14).

In over 90% of the scientific publications presented, Dr. Krasteva is the sole or first author, which demonstrates her leading role and active participation in the scientific materials presented. These publications make a significant contribution to **scientific research and practical applications**.

Dr. Krasteva's research activity is also reflected in four scientific papers and presentations, including one with a published abstract from a national scientific forum and one appearance as a lecturer. In three of these, she is listed as the sole or first author, and in one international presentation at the European Congress of Emergency Medicine (EUSEM, Vienna, 2025), she is listed as a co-author.

In 2024, he developed his own project on "The fundamental role of the Emergency Department of a Multidisciplinary University Hospital During a Pandemic," which won **first prize from the European Private Hospitals Association** (EPHA) in the category of Healthcare Resilience and Crisis Response at an event held in Bucharest. This is a prestigious international recognition of her scientific work.

3. References (citations) to the candidate's publications in national and international literature (publication profile):

There are a total of 11 citations of Assistant Professor Dr. Krasteva's scientific works, 10 of which are in Bulgarian journals and 1 in a foreign source.

4. The candidate's teaching and academic activities:

Dr. Krasteva provides theoretical and practical training to residents from various clinical specialties in the Emergency Medicine module, as well as to trainees in the "Physician Assistant" and "Medical Specialist" programs and to paramedics. By Order No. RK36-1490/20. 09. 2022, issued by the Rector of the Medical University of Sofia, she was appointed to the examination committee responsible for conducting colloquia in „Emergency Medicine“ at the ACC Tokuda University Hospital EAD.

The actual teaching load of Assistant Professor Dr. P. Krasteva for the period from January 1, 2021, to May 1, 2026, amounts to 677 equivalent hours/ Certificate No. 19-283/05. 05. 26 (Document No. 14).

She is currently supervising one resident in the specialty of "Emergency Medicine."

5. Scientometric indicators:

The research output submitted by Assistant Professor Dr. Pervoleta Krasteva for participation in the competition fully meets the quality criteria and scientometric indicators established in accordance with the Law on the Development of Academic Staff in the Republic of Bulgaria and the Regulations on the Conditions and Procedures for Acquiring the Academic Position of "Associate Professor" at "Acibadem City Clinic Tokuda University Hospital" EAD. The candidate precisely meets the criteria for indicator groups A and B and exceeds those for groups C and D. Thus, she has accumulated a total of **522.5 points**, while the minimum requirement is 400 points.

6. Conclusion

Assistant Professor Dr. Parvoleta Krasteva is an accomplished emergency physician who skillfully combines research and teaching. She has made a significant contribution to the organization of diagnostic and therapeutic activities in the emergency department.

Based on the materials submitted by Assistant Professor Dr. Krasteva for the competition, her contributions to scientific research, theory, and applied science, combined with her diverse teaching and educational activities, I consider that the candidate fully meets the mandatory and specific requirements and scientometric criteria for holding the academic position of “**Associate Professor**” for the needs of the Multidisciplinary Emergency Department at “Acibadem City Clinic Tokuda University Hospital” EAD.

All of this gives me good reason to issue a **positive opinion** and to recommend that the esteemed members of the Academic Jury **support the candidacy of Assistant Professor Dr. Parvoleta Krasteva Yakova-Krasteva, M.D.**, for the academic position of “**Associate Professor**” in the field of higher education 7. “Health Care and Sports,” in the professional field 7.1 “Medicine” and the scientific specialty “Emergency Medicine” at “Acibadem City Clinic Tokuda University Hospital” EAD, Sofia.

10.07.2026.

Sofia

Sincerely,

Prof. Dr. Ivan Staikov, M.D. PhD

