

EXPERT OPINION

By Prof. Dr. Milena Staneva Staneva, MD, PhD

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“Acibadem City Clinic Tokuda University Hospital”

Re: Appointment to the academic position of “Associate Professor” in Higher Education Field 7. “Health Care and Sports,” in the professional area 7.1. “Medicine” and the scientific specialty “Emergency Medicine,” for the needs of the Multidisciplinary Emergency Department at Acibadem City Clinic Tokuda University Hospital, in connection with a competition announced in the State Gazette, Issue No. 35/14.04.2026

By Order No. 15-03-135#2/12. 06. 2026, issued by the Executive Director and the Authorized Representative of “Acibadem City Clinic Tokuda University Hospital” , I have been appointed as an internal member of the Scientific Jury. I have been designated to present an opinion at the first meeting held in absentia. This opinion was prepared in accordance with the requirements of the LDASRB, The Regulations for its Implementation and the Regulations on the Development of Academic Staff at “Acibadem City Clinic Tokuda University Hospital”. The procedure is conducted in accordance with the aforementioned regulatory framework.

Only one candidate—Dr. Parvoleta Krasteva Yakova-Krasteva, Ph.D.—submitted an application for the competition.

I hereby declare that I have no conflict of interest and have found no evidence of plagiarism.

1. Candidate's Professional Information

Dr. Parvoleta Krasteva graduated with a degree in medicine from the Medical University of Sofia in 1997. She completed her residency in “Emergency Medicine” in 2005. She has held a professional qualification in Health Management since 2005, awarded by the European College of Economics and Management in Plovdiv.

Dr. Parvoleta Krasteva is a certified instructor for advanced life support training in a simulated environment, Acibadem University—Center for Advanced Simulation and Education—Istanbul, Turkey, 2017.

In 2023, Dr. Krasteva earned her doctoral degree from Acibadem City Clinic Tokuda University Hospital, Sofia, after successfully defending her dissertation on “The Role and Significance of the Emergency Department at a Multidisciplinary Hospital for Active Treatment in the Application of a Diagnostic and Therapeutic Algorithm for Patients Over 18 Years of Age Infected with the SARS-CoV-2 Virus During a Pandemic.”

Since May 2024, She has served as a senior assistant in the field of “Emergency Medicine” at Acibadem City Clinic Tokuda University Hospital in Sofia.

The candidate worked as a physician at the Center for Emergency Medical Care in Sofia (1997–2006). Since 2006, She has been part of the Emergency Department team at Tokuda Hospital, and from 2017 to the present, She has served as Head of the Emergency Department at the same hospital.

2. Evaluation of the candidate's quantitative and qualitative indicators

Dr. Krasteva participated in the competition with a total of 19 scholarly works: 1 dissertation for the academic and scientific degree of "Doctor," 1 monograph, 1 contribution to a collective monograph, 12 scholarly articles in peer-reviewed journals, and 4 presentations at academic conferences. Four scientific articles were published in journals indexed in Scopus/Web of Science, and eight in Bulgarian journals listed in the National reference list (NRL). In 93.4% of the submitted scientific publications, Dr. Krasteva is the sole or first author, which attests to her leading role in scientific research.

Scientific activity is represented by 4 scientific papers and presentations, including 1 with a published abstract from a national scientific forum and 1 appearance as a speaker.

A report from the Central Medical Library shows a total of 11 citations, of which 10 are from Bulgarian sources and 1 from a foreign source.

The overall impact factor, calculated based on the official report submitted by the Central Library of MU-Sofia, No. 428/30. 04. 2026, is 0.2.

In the table showing compliance with the minimum national criteria (NACID), Dr. Krasteva scored 522.5 points, while the minimum requirement was 400 points. *This shows that the candidate not only meets the minimum point requirements set by "Acibadem City Clinic Tokuda University Hospital" for the academic position of "Associate Professor," but also exceeds them in certain areas.*

3. Major Scientific Contributions

Dr. Krasteva's scientific work is original and of high value. It focuses on current issues in emergency medicine, the organization and management of emergency departments, and the diagnostic and therapeutic approach to patients with chronic, progressive diseases. The main areas of focus are:

1. The fundamental role of the Emergency Department (ED) at a general hospital during a crisis or pandemic. In this area, Dr. Krasteva has conducted the most research and analyses on the role of the Emergency Department in a general hospital during a crisis, and in particular during the declared COVID-19 pandemic. (Dissertation; publications: 3, 5, 7, 8, 9, 15 from the list presented in No. 9). The study analyzed options for structural reorganization, the reallocation of available personnel to work under emergency conditions and to care for different cohorts of patients, as well as the indispensable role of the triage process and its modifications. Risk factors affecting morbidity and survival in COVID-19 patients over the age of 18 were analyzed, Potential clinical predictors, laboratory tests, and imaging markers have been proposed for active screening during outpatient visits and for monitoring disease progression. A diagnostic and therapeutic algorithm has been developed and validated, with the flexibility to be modified for use with other infectious agents.
2. Organization of Emergency Department Operations in a General Hospital (Monograph, publications: 4, 6, 10, 11). A current triage model is presented, ensuring the provision of medical care to large numbers of people gathered in one place at the same time, based on objective criteria for the presence of an

emergency condition. The author proposes the use of validated medical documents—a triage form and an initial nursing assessment—for patients in the emergency department. The author has presented specific diagnostic and therapeutic algorithms—developed and validated in practice—for the most common emergency conditions among patients in the emergency department and for the secondary transport of emergency patients when hospitalization at the same hospital is not possible. Emphasis is placed on the multidisciplinary approach in the work of the emergency physician. Everyday problems and challenges facing emergency departments in Bulgaria are summarized and presented for discussion.

3. Emergency care or palliative care for patients with chronic, progressive malignant diseases (12, 13, 14). The focus is on emergency conditions in oncology, emergency physicians' familiarity with them, and striking a balance between providing emergency care and the possibilities for integration with palliative care when therapeutic options have been exhausted.

4. Teaching and Instructional Activities

Certificate No. 19-283/05. 05. 26 (Document No. 14), issued by "ACC Tokuda University Hospital", certifies a training workload for the period from 01.01.2021, to 01.05.2026, **totaling 677 equivalent hours**. Dr. Krasteva has been the academic supervisor of one resident in Emergency Medicine since 2024. She conducts theoretical and practical training for residents from various clinical specialties in the Emergency Medicine module, as well as for trainees in the medical fields of "Physician Assistant," "Medical Specialist," and paramedics. By Order No. RK36-1490/20.09.2022, issued by the Rector of the Medical University of Sofia, she was appointed to the examination committee for conducting colloquia in Emergency Medicine at "ACC Tokuda University Hospital".

5. Expert Services and Scientific Research

Dr. Parvoleta Krasteva has been a member of the Expert Council on Emergency Medicine from 2022 to 2024 (Order No. RD-02-249/13.10.2022, Ministry of Health).

Participates in two working groups under the Ministry of Health (Order No. Rd-13-217/08. 09. 2022; Order No. Rd-13-2/10. 01. 2023) to develop diagnostic and therapeutic protocols and algorithms for the needs of the Center for Emergency Medical Care (CEMC) as part of the project "Improving Conditions for the Treatment of Emergency Conditions," which resulted in the publication of a handbook containing diagnostic and therapeutic algorithms for the Center for Emergency Medical Care, distinguishing the competencies of the various medical specialists working within the organization. As part of the same project, he also participates in a working group of the Ministry of Health (Order No. RD-13-241/24. 11. 2022) tasked with developing methodologies for the initial and periodic assessment of professional competencies in emergency medical care for physicians, physician assistants, and medical specialists.

In 2024, She was a member of the Ministry of Health's working group (Order No. RD-02-5/January 10, 2024) tasked with updating the medical standard "Emergency Medicine" with the aim of specifying the criteria for providing emergency medical care by air and

setting out the rules for the operation of the Central Emergency Medical Air Transport Service (CEMATs) and its relationship with other structures within and outside the healthcare system.

In 2026, Dr. Krasteva was a member of the Expert Groups of the National Agency for Evaluation and Accreditation (NAEA) for the accreditation procedure of the doctoral program in "Infectious Diseases" (Order No. RD-14-69/10. 03. 2026) and the doctoral program in "Epidemiology" (Order No. RD-14-70/10. 03. 2026) at the Military Medical Academy in Sofia.

CONCLUSION

In conclusion, as part of the competition, Dr. Pervoleta Krasteva, Ph.D., submitted materials that fully comply with the requirements of the LDASRB, the Regulations for the Implementation of the LDASRB, and the Regulations of "Acibadem City Clinic Tokuda University Hospital" for filling the academic position of "Associate Professor."

Dr. P. Krasteva is a distinguished physician with 28 years of experience and extensive expertise in organizational, clinical, research, and teaching fields.

In conclusion, based on the presented scientometric indicators and the candidate's overall scientific, public, and teaching activities, I strongly recommend that the esteemed members of the Scientific Jury vote in favor of the appointment of Dr. Parvoleta Krasteva Yakova-Krasteva, Ph.D., for the academic position of "Associate Professor" in the scientific specialty of "Emergency Medicine" for the needs of the Multidisciplinary Emergency Department at "Acibadem City Clinic Tokuda University Hospital" .

06.07.2026.
Sofia

Prepared by:
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